



# The Croxley Green RESIDENT

Published by  
CROXLEY GREEN RESIDENTS'  
ASSOCIATION

Editor: John Hedges  
Assisted by: Molly Hedges

No. 172  
Autumn 1996

## C.G.R.A. COMMITTEE

Bob Boardman (President)  
16 Frankland Road

Kay Raggett (Vice-President)

John Larter (Chairman)  
65 Sycamore Road

Ernest Burdis (Vice-Chairman)  
17 New Road

Mark Saxon (Secretary)  
92 Frankland Road 772581

Gwen Larter (Treasurer)  
65 Sycamore Road

Polly Burdis (Subscriptions)  
17 New Road

John Hedges (*Resident* Editor)  
44 Ludlow Way

Rosemary Hanscomb (Advertising)  
22 Dickinson Avenue

Marjorie Dennis  
1 New Court, New Road

Jo Gardner  
86 Manor Way

Andrew Hodges  
101 Barton Way

Mike Humphreys  
The Weather House, Croxley Hall Woods

Barbara Lloyd  
65 Copthorne Road

All sponsored parish councillors are ex-officio members, they are:- David Bains, John Hedges, Brian Norman, Margaret Pomfret, Lesley Rees, Mark Rumsey, Mark Saxon, Norma Stubington and Madryn Waldron

Material published in this newsletter does not necessarily represent the views of the Association nor its committee.

## EDITORIAL

I find it absolutely amazing that, despite being ultra busy at the copy date for this edition, when I finally found myself with time to type and collate this edition it fitted together so beautifully. I really didn't have to juggle much to get the pages to fit. However, I have found myself with a bit more room than in previous editions for this editorial.

I can, therefore, indulge myself a little and I would like to tell you about a letter that was passed on to me from a reader in Australia. John (Jack) Thomas wrote to Polly Burdis following our edition which included two articles on the Mummers' Play. He has a sister, Mrs Christine Kibbles, who lives in Croxley Green and sent a copy to him. How many others send to relatives abroad? Do let us know.

John emigrated to Australia in 1967 having lived in Croxley Green since 1936 when his parents moved from Mill End to one of the new houses in Barton Way. His father was lost in 1942, in the Second World War, remembered on the War Memorial. His mother married again to Bill Samuels, whose name was closely associated with the Mummers.

Inevitably, John became involved in the revival and remembers a tour that was made in 1954. He tells us that the costumes and masks were stored at the back of the stage in the old Guildhouse, and sadly lost in the fire which destroyed this central part in the life of the village. He recounts that the original masks were made by George Samuels and Stan Lyons, both names being familiar to researchers into the history of our village. George lived at "Tussauds" house, or more correctly "The Hawthorns" in New Road which has a large studio at the back, now the home of Polly and Ernest Burdis. He used this studio for his creations leaning heavily on the skills he had as a craftsman in charge of special effects at one of the film studios. His widow Florrie (Floss) still lives in New Road and is well known to most.

John recalls one occasion when a somewhat inebriated fairground attendant tried to interfere and was threatened with the Giant's club, a weapon more frightening in prospect than in actuality, it was made from wire, and hessian. The Fair, of course, was regularly held on "Fanny Barker's Piece" that now houses Rickmansworth School.

I shall send a copy of this edition direct to John and hope that he might write again, to send us more memories.

There seems to be a great surge of people searching for their roots and this edition carries three articles concerning the history of Croxley Green. I am fascinated, having been born and lived most of my life in this unique corner of Hertfordshire. Sadly, my father died with many memories unrecorded, but Margaret Pomfret is trying to ensure that this doesn't happen too often. If you have memories, however small, do contact her and let her know. They may appear unimportant now but once lost they are lost forever.

This is your Newsletter but we have almost a complete file and the content is invaluable. Sadly, duplicate copies were lost in the fire at the old Library, but it is

hoped that at least one copy will survive.

The Resident will continue to include such articles and hopefully form an important archive for future generations. We will gratefully receive any articles for publication that include reminiscences of the kind that John Thomas has sent to us. Space does sometimes become a problem and I must find room for our regular contributors. They are our life blood along with our advertisers.

\*\*\*\*\*

## FROM THE CHAIRMAN

You may recall that your Committee decided to keep the annual and life subscription fees unchanged earlier this year but stated that we would make every effort to increase the numbers of Croxley Green households actually paying the subscription. Unfortunately we have only had a limited success in this endeavour since few new collectors have come forward. However we have managed to collect subscriptions in quite a few roads not covered for many years.

Whilst I was collecting in roads which were new for me, I was struck once again by the fact that Croxley Green people really are very pleasant: we are fortunate indeed to live here. Most houses we called at gave us a warm welcome, many volunteered to pay for more than one year, and almost everyone commented favourably on *The Resident*.

I hope that with an increase in numbers of subscriptions collected we will be able to continue to peg the annual subscription to 50p, but collecting this would be much easier if more households opted for the £5 life membership (there is a form on page 2 if you want to act now), and perhaps a few more people volunteered to spend 2 hours per year to help us collect. Any offers?

Please send advertisements to:  
Rosemary Hanscomb  
22 Dickinson Avenue 449945  
and letters and contributions to:  
John Hedges  
44 Ludlow Way (01923) 222715  
by January 1st if possible.

**The Churches in Croxley Green warmly invite you to share in our Sunday Worship:**

**All Saints (C OF E), The Green.**

08.00 am Holy Communion.  
 09.40 am Junior Church.  
 09.45 am Parish Eucharist.  
 11.30 am Family Service (3rd Sun in month)  
 06.00 pm Evensong.  
 Revd Luke Lee - 772109.

**The Baptist Church, Baldwins Lane.**

09.15 am Morning Worship.  
 11.00am Family Service.  
 06.30 pm Evening Worship.  
 Revd David Walker - 231403.

**The Methodist Church, New Road.**

10.30am Morning Worship  
 with creche/Sunday School.  
 06.30 pm. Evening Service.  
 Revd Conrad Hicks - 263248.  
 Bookings: Frank Haines - 230088.

**St Bede's (R C), Baldwins Lane.**

Saturday 06.00 pm Vigil Mass.  
 Sunday 10.00 am Mass.  
 06.00 pm Mass.  
 Father Bert Haines - 231969.

**St Oswald's (C of E), Malvern Way.**

08.00 am Holy Communion.  
 10.00 am Family Service (1st week). Family Eucharist (others).  
 06.00 pm Choral Evensong (1st Sunday in month).  
 Revd Anne Lovegrove - 232387.

**LIBRARY COLUMN**

On 1st September we celebrated the 2nd Birthday of the new building with chocolate cake and mugs of coffee. It's been another very successful year with several hundred new borrowers joining the Library. Just as we start to think that there's no one left in Croxley Green who isn't a member someone else comes in to join. If you're a member already don't forget that you can use your membership card in any Library in Hertfordshire which is linked to the computer system (that's almost every library except some of the mobile and trailer libraries.) If you're not already a member and you want to join us you need to bring proof of your name and address such as a driving licence, child benefit or pension book, or an official letter such as a gas bill.

During the summer we hosted four very well attended activities for children as well as the summer reading challenge which seems to be getting more popular every year.

Now it's "Back to School" time again. During the summer we've been adding to our stock of books for school projects and have put some more topic books on 'short loan'. This means that some children's non-fiction books aimed at primary age readers are only available to borrow for one week instead of the usual 3 week period and can't be renewed. This ensures that far more children have an opportunity to borrow these books. History topic books have been on short loan for a year and we've had a lot of positive feedback so far.

We've now placed children's books covering astronomy, environmental issues, the human body and world religions on short loan too.

For older pupils we stock books covering topics up to GCSE level and have a wide selection of books covering all parts of the National Curriculum. If they want a break from school work we now have an extensive collection of graphic novels.

Now that the evenings are drawing in there is more time for reading. Why not take up a new hobby? We have an excellent range of DIY, craft, hobby and leisure books. Maybe you have noticed some attractive craft work in our display case in the entrance lobby and fancied having a go yourself or maybe you are attending an evening class. The chances are that we have got a book to help you learn that new skill.

During October there will be a number of "Litfest" events taking place in Libraries across the County. "Litfest" is an annual event hosted by Hertfordshire Libraries aimed at promoting modern literature. Our contribution is called Multi Story Building so look out for our displays and book-lists with suggestions for Autumn reading. If you've enjoyed a book let us know so that we can pass your recommendations on. Why don't you try an author you've not read before? You may discover a whole new world of reading.

**Sue Durham, Community Librarian**  
*We would like to express our support for Sue at this time of change in the Library Service. Thankyou for everything!*

**CROXLEY CAMERA CLUB**

The club meets in St Oswald's Church Hall, Malvern Way at 8.00 pm every Wednesday, between Sept. and May. This year our first meeting was on 11th September. Meetings are informal and friendly, with a break for refreshments giving an opportunity for a chat with other members. This year's programme includes talks on stereo-photography, impressionism, landscapes and Travels in Asia. There are also competitions for slides, prints and small prints; the latter being ideal for beginners to get the feel and excitement of competitions.

**1997 Calendar**

*A Present for Christmas.*

As usual, the Club's own calendar will be on sale in September through the Library and other organisations. The 1997 Calendar includes pictures of Abbots Langley, Aldenham, Cassiobury Park, Cheslyn Gardens, Rickmansworth, Sarratt, West Hyde and Croxley Green. It consists of one page for each month, plus an illustrated cover and is spiral bound in A5 format. Each page has a full colour picture, a day/date calendar and a useful space for notes. Later, the pictures can be separated for use as postcards, giving not only a calendar but twelve postcards for only £2.20.

Our Annual Show in March 1996 was a great success, with a full house at St Oswald's Hall and we will be holding the 1997 Show on Friday 22nd March. If you would like more details about Croxley Camera Club please contact:-  
**Philip Santler 01923 229923 or Paul Bradley 01923 220240.**

**DURRANTS**

The ideal setting for your wedding reception, family occasion or business meeting

Enjoy the warm and friendly atmosphere with arrangements tailored to your requirements

Telephone: (01923) 773014

**Sales**

**Calor Gas**

**Hire**

**TRADE TOOLS**  
**Machinery**

New Road, Croxley Green 01923 775277

**Power Tools, Locks & Equipment**

## IF YOU WANT A JOB DONE ASK A BUSY PERSON

Our volunteers and Duty Officers are busy people, but for nearly 25 years they have helped CARE in various ways - isn't it time YOU found a little time to help those people in the local community who ask CARE for assistance, because they don't have anyone else to ask?

The way CARE works is simple - it links people in need with people who are willing to help. We can offer help with shopping, visiting and transport - our Duty Officers provide the link. Volunteers are not asked to commit themselves to regular service but to let us know the times that they would be willing to help. You can always say NO!

Rickmansworth CARE covers not only Rickmansworth but Croxley Green, Mill End and Maple Cross - so you can see we cover a large area with quite a small number of volunteers. So to all of you busy people out there (and those who find that they have some time on their hands - perhaps because you have recently retired or your children have started school) add the **FEEL GOOD FACTOR** to YOUR life! Helping others doesn't hurt and can be both rewarding and interesting.

We will be waiting for your call on 773311 - our operational telephone number which gives you the number of the Duty Officer for the day or you may contact:- **Anne Elliott - 773437** or **Jo Eyres - 720035 - Joint Secretaries Rickmansworth CARE.**

*No one answered the last appeal, perhaps because they didn't think that it applied to them. It did and it does - don't delay - do it now!*

\*\*\*\*\*

## REVELS ON THE GREEN

May I, through your columns, and on behalf of the Croxley Green Society, say a very sincere thankyou to all the organising committee for the amount of time and effort that they put into organising The Revels and making it such a happy occasion. I should like to take the opportunity to thank all the children, and grown ups, who participated in any way whatsoever in the day's events.

I am sure the organising committee must feel very pleased with the reaction to all their hard work.

As The Watford Observer said: "*Even the tense quarter final between England and Spain, in the Euro '96 football championships did not deter loyal villagers from supporting their community.*"

Here's looking forward to next year's Revels on June 21st 1997. Book it now!  
**Mike Dix - Chairman - C G Society.**

\*\*\*\*\*

## The River

The River is a Churches Together Youth event for teens and twenties, which meets on the first Sunday evening of each month at alternating venues. The evening begins at 8.30 pm and lasts approximately one-and-a-half hours. During that time, we participate in prayer and worship led by a band. We have a different speaker each month who will talk about relevant issues such as abortion and euthanasia.

The Youth Committee also arranges other youth events such as a quiz, an "It's a Knockout" competition and a hike. These events are for both Christians and non-Christians alike. It is an excellent way to meet other teenagers and Jesus. If you are interested please contact Dan Welberry on 0956 355844 or look out for the posters displayed in the Library.

**Lucy Watson & Jeanette Lee.**

\*\*\*\*\*

## RED CROSS IN ACTION

Summer is always a busy time for the Centre and the Trained Group are kept active with calls to perform First Aid duties at local fairs and fetes, including the Revels. The recent tragic accident in Watford saw them on stand-by but the Emergency Services were adequate for the event.

Between times they completed a Manual Lifting and Handling Course and were soon preparing to receive some 40 students, who began their 13 week First Aid course on Monday 16 September.

Summer is also the time when our major fund-raising efforts take place. We thank all those who worked so hard, and those who gave so generously, in our door-to-door collection. Nearly £1800 was raised. A similar sum was raised at the annual Open Gardens event when Dr & Mrs Hodgson and Mr & Mrs Murray opened their gardens to visitors on our behalf. It was a happy occasion, despite the greyness of the weather, which gave pleasure to a large number of visitors.

Holiday time is also a busy period for the Medical Loan Department. Families are grateful to be able to borrow wheelchairs, commodes, bath seats etc. The Red Cross can only make short term loans and act as emergency providers. We make no charge for the service but we depend on donations to replace and maintain equipment. It is hoped that within the next few months we shall become a central depot, meeting the needs of S W Herts.

September sees the re-start of all our activities. If you wish to join any group, please phone 720485 between 10 am and 12.30 pm Monday to Friday.

**Monday** - Red Cross Youth Group - Trained Group - places available, new members welcome.

**Tuesday** - Sunny Side Club - for the handicapped - members and helpers welcome.

**Wednesday** - Red Cross Juniors - a waiting list.

**Saturday** - Welcome Club - for the over 60s - with weekly entertainment. We are still short of drivers - one Saturday a month is all we ask! There are also mid-week afternoon groups for whist, dancing and Bingo. Lunches are served Tuesday to Friday. Cost £1.50.

Saturday Markets are held every third Saturday at 10.00 am. New helpers are welcome. Goods for sale equally so!

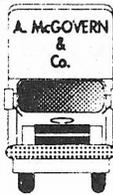
**George Ward - Centre Organiser.**

### CROXLEY GREEN RESIDENT'S ASSOCIATION

On behalf of my household I .....  
of ....., Croxley Green  
Apply for life membership of the association and enclose remittance of  
£5.00. Signed .....

Cheques payable to the Association. Return to:-

Polly Burdis 17, New Road, Croxley Green, Rickmansworth WD3 3EJ



## ALL TYPES OF FURNITURE WANTED

Old, modern or antique. Top cash prices paid for complete contents of house and flat, single items also bought.  
For quick reliable service contact:

**A. McGOVERN & Co.**  
326a St ALBANS ROAD  
WATFORD

Tel.: 01923 222281  
Eves.: 01923 720935



## STREET NAMES

I hope that by now many of you will have read and enjoyed my book "A History of Croxley Green through its Street Names." For many years I have been interested in the history of Croxley Green and realised that little information was readily available.

I grew up in Croxley Green. My grandfather bought one of the first houses built in Beechcroft Avenue in the mid 1930s. Like many local residents, he built an air-raid shelter in his back garden and saw many "dog-fights" over London during World War Two. My childhood summers were spent walking in Croxley Hall woods, picnicking on Common Moor, catching tiddlers in the river and watching colourful barges go through the canal locks. I can remember the horse-drawn barges and the busy John Dickinson Mill with employees going up and down Mill Hill to work. Sometimes the river became polluted by mill processes and the fish died.

I was one of the first pupils to attend the new school in Malvern Way, before moving on to Harvey Road School. My first year here was spent in Mrs Rosen's class, held in the Old Boys School in Watford Road which was being used for two overflow classes, as the main building was overcrowded. How many of you remember dear Mr Ford - the headmaster, Miss Green, Mrs Warner or Mr Powell? I remember going, with my father, to choose library books in the former Library situated along the shopping parade in Watford Road and, with my mother, to buy cherries from the stalls on the Green during *Cherry Sundays*.

From Harvey Road School, I moved to Durrants Secondary Modern School under the excellent head-ship of Mr A E Jeffery. Do you remember Miss Cotterel, Madame Meyer, Mr Fone, Mr Moore, Mrs Rathbone, Mrs Jeffery, Mr Rule, Mr Wallis, Mr Graver, Mr White, Miss Smith, Miss Sleight, Mr Johnson, Mr Thomas or Mr Beer? Durrants was then regarded as a top Secondary Modern school and some of the pupils, such as I, had the opportunity to transfer to Grammar Schools. I spent two years at Watford Girls' Grammar School and that opened my eyes to the tremendous difference in Secondary and Grammar school education - but that's another story!!

I spent my working life at Watford Central Library, where I came to realise how little was published on Croxley Green. Many years later, when my eldest son was working on a local history project, I began to gather information. I realise how difficult it is for schoolchildren to research local history and I hope that my book will go some way to help them.

I am continuing to gather additional information and keep in touch with schoolchildren through my part-time job as assistant librarian at Watford Boys' Grammar School.

Shirley Greenman.

### SHOP EARLY FOR CHRISTMAS.

#### *The History of Croxley Green through its Street Names*

is published by

Croxley Green Parish Council  
and is available, price £4,  
from The Library or The Parish Office.

The Parish Map, second edition,  
price £3 in postal tube  
is also available.

## SMALL FURRIES

Small furry animals are generally chosen for children as a first pet of their own, but many adults too are now choosing smaller pets as they work longer hours away from home. Rabbits, guinea pigs, hamsters, rats and mice are increasing in popularity as they can exercise and entertain themselves, requiring only regular feeding and cleaning on a daily basis, yet enjoying our attention when we can spare time in the day. The more handling these pets receive (especially when young), the more personable they become.

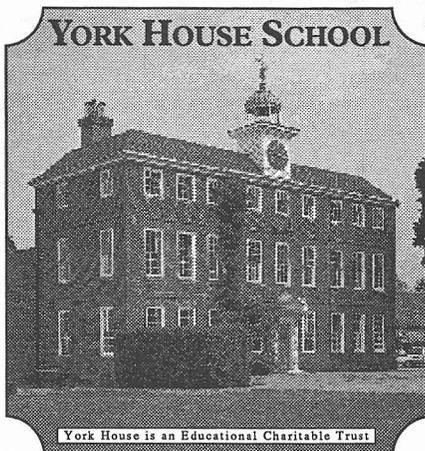
Until recently, our veterinary input into care for these animals has mainly consisted of clipping teeth/claws as necessary and vaccinating rabbits for myxomatosis (very prevalent in our area). However, as these pets become more important to our modern families, people are more aware of deviations from normal behaviour of their pets and seek advice on a wider range of problems, from skin disease to urinary tract infections.

Some problems can be avoided, by care in choosing the food, cage type and bedding of these smaller pets carefully. Feeding a wide range of fresh clean fruit and vegetables, in moderate quantities, is the key to success for rabbits and guinea pigs. For example, recent research suggests that rabbits have fewer dental and bone diseases if fed high quality hay and vegetables, rather than commercial foods, as the staple diet. Daily exposure of rabbits to sunlight also helps. Guinea pigs are unable to manufacture Vitamin C in their bodies and need a constant daily source of fruit and vegetables. Outdoor cages need to be fox, dog and cat-proof, but should also exclude rodents, which enter to steal food and can contaminate/infect food. They should be dry and well insulated inside to prevent extremes of temperature but preserve good ventilation. Consider the positioning of a hutch or cage, so that overhanging trees are avoided - to prevent contamination of food by bird-droppings, and choose a sheltered spot in the garden. On hot days, a board over the run can provide shade. Indoor cages also need good ventilation and a consistent temperature. Failure in ventilation and cage cleanliness leads to increased levels of urea in the cage/hutch, affecting skin and respiratory function of small pets; as well as encouraging bacteria and viruses. Hamsters, rats and mice are very susceptible to problems caused by poor cage hygiene. They also catch "colds" from humans easily, so keep anyone with a cold or flu away from them, until better.

Giving a bit of thought to satisfying the simple requirements of small pets, and regarding their needs before buying them, should help to ensure a healthy happy pet and maximum enjoyment of your choice of small furry animal.

April Rumsey - Veterinary Surgeon.

### Give your child the benefit of an INDEPENDENT EDUCATION in a happy, caring & successful school



York House is an IAPS Day Preparatory School for children from 2 1/2 to 13+ which is centred on a fine Georgian country house in 47 magnificent acres. Excellent modern facilities include a superb indoor swimming pool. Small classes and personal attention from a dedicated staff ensure children's academic and personal development.

New Kindergarten for boys and girls opened  
September 1995.

A convenient minibus service is available.

**You are warmly invited to contact the  
Headmaster, Patrick Moore to see all that  
the School has to offer.  
Telephone 01923 772395**

York House School, Redheath,  
Sarratt Road, Croxley Green, Rickmansworth,  
Hertfordshire WD3 4LW

## "MEMORIES OF CROXLEY GREEN"

I would like to take this opportunity to thank you for helping with this project. I know that many residents have searched through those little corners where we all carefully put things "so we know just where they are" in order to lend me photographs etc. to copy.

For myself, it has been a privilege to read, first hand, the contributions for which you have put pen to paper, making your own personal recollections of living and growing up in Croxley Green. Photographs, too, have been exciting to see. I must apologise if I have been slow to return them or acknowledge your returned forms.

For those residents who have missed this event and would still like to help, here is a short resume:-

For some months, in various parts of the Library (thanks to the Library staff), there has been an On-going display of photographs of "old Croxley Green", with this as an explanation:

*Croxley Green has changed considerably in the past 150 years, since John Dickinson first decided to build one of his many paper mills in the area. What was a small village mainly settled around Scots Hill, with a scattering of farms and country houses, became the Croxley Green that we know now. There are many families, still living here, who remember many of these changes. Their memories of how life used to be are important when we wish to record local history for future residents, who will be interested in learning about the history of the place in which they live.*

For those residents who wish to make a contribution, forms are available to take away to write a sentence or two, or to choose one of the listed subjects - to jog their memory.

*What was it like working for John Dickinson - were you there when it closed down?*

*Do you remember the Dickinson Institute/Guildhouse - what activity do you remember doing there?*

*Going to school in Croxley Green - what memories, good or bad, do you still think about?*

*Revels on the Green - did you help or take part on one of the floats or visit the Green on these occasions?*

*Shops in Croxley Green - how do you remember shopping at individual shops? - no supermarket trolleys or queues then!*

*Can you remember what you were doing when All Saints' was bombed in World War Two?*

*Queen Elizabeth's Silver Jubilee - did you do anything at school or in your road to celebrate this event?*

*DO YOU HAVE A PHOTOGRAPH OF THE BRITISH RESTAURANT IN WINTON DRIVE - second World War or visit this establishment?*

There is still time to make your memory part of the project. This is the time to confess, and still remain anonymous, if you got up to childhood pranks. Please contact me if you have any photographs to loan for copying. What happens next? A group of local residents will collate these memories into a book called simply "Memories of Croxley Green".

Thankyou for taking the time to read this YOUR help is very much appreciated.  
**Margaret Pomfret - 720088.**

\*\*\*\*\*

## WATCH NOTES

Over the past three months, there were 114 reported offences in Croxley Green, about the same as last year. Twelve of these were house burglaries, but a major problem was car crime with many valuable items, left in cars parked on roads and driveways, being stolen. Toys and bikes, left out in gardens, have also disappeared. Distraction thefts are always with us and the criminals continue to prey on the elderly and vulnerable. Hard-sell operators offering security systems, building work etc. and antique dealers, continue to call and a good rule is only to deal with people where you have instigated an enquiry.

The Neighbourhood Watch coordinators have been very disturbed at the lack of a Community Police presence around the village, especially over the last few months. We intend expressing these concerns strongly with the appropriate authorities, especially as this is a long-standing problem for our community. Inspector Mark Crampton is planning to hold another Police Surgery, locally, soon and the date will be advertised when known.

Twenty six roads in Croxley Green have an active Neighbourhood Watch. Insurance Companies give premium discounts, and other help, and the Police actively promote schemes, so they must believe that they reduce crime. Please telephone the Neighbourhood Watch office on 472087 if you require details on setting up a Scheme or other information. You can also speak to:-

**Derek Thompson - 778979 or  
Geoff Ellis - 772434.**

## TWO IDEAS FOR CHRISTMAS

The Parish Map - Price £3 in postal tube  
"A History of Croxley Green through its Street Names" Price £4 both from the Library or Parish Office.

## IN CELEBRATION OF LIFE

### Ben Leigh.

On Tuesday 22 May, Ben Leigh's funeral service took place at Amersham Crematorium, Ben having died the previous week. The last seven years of his life were very dependant ones, following a stroke. He was 82.

The funeral service was unusual in that it was conducted by a member of the Humanist Society. It gave a great insight into Ben's earlier life, especially his war-time service in the Intelligence Corps. His linguistic skills (German in particular) were put to extensive use. His usefulness in this role was indicated by General Montgomery having mentioned him personally in dispatches. Ben was a pre-war language student at the old Regent Street Polytechnic, where he built on a natural gift for languages which served him well in his employment with a European Travel Agency.

In Croxley Green, Ben showed other sides to his character. His interest in nature and in growing things was there for all to see. As a gardener, he loved his allotment on the Barton Way site, opposite his home. His pleasure in nature was also witnessed on the many Horticultural Society Outings that he and Gladys went on (they celebrated their Golden Wedding last year). Although it is some years since the Leigh's went on such an outing, they are still remembered for their "last to the coach but never late" practice, as they sought to get the last pleasures from the gardens we visited.

Ben and Gladys were Honorary vice-presidents of the Croxley Green Horticultural & Allotment Holders' Society, serving for many years on its committee and regularly exhibiting at the Annual Show. He wrote articles about the Society in the *Resident* and encouraged local people to join and share the joys, and benefits, of growing plants and vegetables.

But above all, Ben was a kind and thoughtful person. His open face was never far from breaking into a smile, and his gentle voice was often followed by a chuckle as he gave some piece of information or told a story. It was no surprise to hear some of his poetry read at his funeral. He had many talents.

The last comment comes from another long-term resident ( Mrs Cook, now in her eighties and still going strong):-  
"We lived next door to Mr & Mrs Leigh for fifty years, They were lovely neighbours".

That's something to celebrate at the end of a good life!

**Ged Mealor - Hon. Sec. - Croxley Green Horticultural & Allotment Holders' Soc.**

### **FULLER WAY CHURCH**

FULLER WAY, CROXLEY GREEN

Sundays 9.45am - Communion  
11.30am - Sunday Way  
6.30pm - Good News Service  
Wed. 2.30pm - Toddlers Club  
Thur. 8.00pm - Bible Study & Prayer  
Fri. 8.00pm - Boys Club

*A Warm Welcome Awaits You*  
(For more information phone 443139)

A

Landscaping  
Tree Work  
Garden Maintenance  
Reliable, qualified & fully insured

### **GREENMAN GARDEN SERVICES**

Tel. 01923 801694

## **Proclean**

PROFESSIONAL CLEANERS & RESTORATION

Professional carpet, curtains  
and upholstery cleaners.  
FREE Quotation  
NO Obligation

**Rickmansworth 01923 774526**

### **H.T. FRENCH**

PIANO TUNING & MAINTENANCE

83 FRANKLAND ROAD  
CROXLEY GREEN  
RICKMANSWORTH  
HERTS • WD3 3AS

Telephone • (01923) 773412



INSURANCE  
GUARANTEE  
ASSOCIATION



**Just Windows and Doors Ltd**



MEMBER GLASS  
AND GLAZING  
FEDERATION

# 184 INSTALLATIONS IN CROXLEY GREEN!

WINDOWS • DOORS • CONSERVATORIES

**ICKENHAM SHOWROOM**  
8 LONG LANE  
ICKENHAM  
01895 633241

**RICKMANSWORTH SHOWROOM**  
MILL END  
01923 777323

ASK ABOUT OUR UNIQUE PRICE - PROMISE  
**FREEPHONE 0800 132510**

## **GROSVENOR ESTATES**

170 NEW ROAD, CROXLEY GREEN  
RICKMANSWORTH, HERTS. WD3 3HD  
TEL: 01923-711651 FAX: 01923-711656

### **Your Local Estate Agents**

Also Incorporating  
Homelease Property Services  
Management and  
Letting Agents

Pop-in and have a chat about  
your housing requirements

### **ACORN HORTICULTURAL MACHINERY**

Servicing all makes of Lawnmowers etc.,  
All work fully Guaranteed  
All Makes New Mowers, etc., supplied  
at Best Discounts with Free Delivery  
and Pre Delivery Check

Experienced, Qualified Engineers  
Free Collection And Delivery Services  
Reconditioned Mowers Guaranteed  
as New  
Free Estimates Without Obligation

**10% OFF MOWER SERVICING DURING WINTER MONTHS**  
Rear 31 New Road, Croxley Green, Rickmansworth, Herts WD3 3EJ  
01923 711431

### **S & S Guttering** Gutter Specialist

and General House Repairs

Complete GUTTER and FASCIA service  
HOUSE REPAIRS incl. roof repairs, brick-  
work, fencing, plumbing, drives, patios  
etc, doors and frames fitted, internal /  
external painting and decorating  
FREE ESTIMATES • NO JOB TOO SMALL  
22 Winchester Way, Croxley Green  
Rickmansworth, Herts WD3 3QF  
Tel: 01923 770752 / 720693

## **SHAMMA**

**DRYCLEANERS**

142 Watford Road, Croxley Green  
Tel: 01923 710812

On Site Cleaning  
Same Day Cleaning  
Duvet Service  
Tailoring Alterations  
Key Cutting Service

Unbeatable Service  
Competitive Prices  
Leather Care  
Shoe Repairs

Contract Cleaning Undertaken - Easy Parking  
**Open 8am to 6pm Mon-Fri - 9am to 3pm Sat**

### **Croxley Alarm Systems**

43 Baldwins Lane, Croxley Green  
WD3 3LS 01923 224606  
Fax: 01923 801085

Nacoss Approved Installer

ALARMS • LOCKS • DOOR ENTRY  
\* SECURITY LIGHTS\*  
ALARMS FITTED TO BS 4737

Free advice & Quotations for all Security Requirements

### **HOMESTYLE**

For your Paints, Hardware, Garden & DIY Supplies, Electrics, Pet Supplies  
Wallpaper Selection Bar & Paint Tinting System  
Paraffin, Pre-packed Fuels, Fancy Goods  
Agents for Shoe Repairs - Dry Cleaning and much more

*FRIENDLY SERVICE*

43 Baldwins Lane, Croxley Green 01923 246907  
Jackie and Dave Gristwood

## DISPLEASURE OF THE FLESH

I noticed it first a year or two ago, but didn't take much notice. And now it's happened again. Not all of a sudden of course. It's more subtle than that. Insidious would be a good word.

I should have spotted the tell-tale signs, always so easy with hindsight. The occasional comment from people you don't see very often, like "You're looking well these days" (particularly mischievous and designed to throw you off the scent!). The growing conviction that my shirt collars are shrinking in the wash, followed by months of increasing strangulation and the inevitable investment in shirts the next size up. This should have caused the penny to drop, you will be thinking, but I am well defended against adverse thoughts of a personal nature.

Of course it was the trousers next. It's funny how a favourite pair you've had for years without any sign of shrinkage can take on a whole new personality, starting with a gentle stubbornness in the fastening department and leading on to a total communication breakdown with button and buttonhole glaring at each other across an increasingly indecent gap!

The clincher was the arrival of a new bed-mate. A presence that attached itself to me and followed my every move. Its favourite trick was turning over in bed a millisecond after me. Turn on to my left side, it followed. Turn over on my right, there it was again. And if I lay on my back I could feel its weight bearing down on me.

Well by now the penny, along with a lot of other things, had finally dropped. Short of surgery, there was no getting away from it. My new acquaintance was a substantial deposit of subcutaneous fat. Much to my displeasure, excess flesh had bulged my midriff, doubled my chin, stretched my wardrobe and emptied my wallet.

Does any of this strike a chord with you? If it does, maybe we can do something about it. It is of course one of the mysteries of life. No one knows why, when we stopped growing in our teens, our bodies put on a sideways growth spurt in later life. Is it our age? Hormones perhaps? It can't be what we eat, can it?

People gain weight when their intake of energy (i.e. food) is greater than their expenditure of energy. As a generalisation, our bodies lay down fat (always in the most conspicuous places) when we eat generously but are not active enough to burn off the extra calories. And different people have different metabolic rates, so that while one person can over-eat and burn off unwanted fat easily, another may have to follow a very careful diet and exercise

regularly to keep down to a comfortable weight. Unfair of course, but true!

Does being overweight matter? And how do you decide if you are overweight more reliably than measuring the gap where your trousers don't meet? There are various tables of so-called ideal weights for women and men of different heights and builds, usually based on statistics of who lives longest used by insurance companies to work out how much we have to pay them for life insurance.

Another way to see if you are overweight is to work out your so-called body mass index, an artificial figure of weight-for-height arrived at by dividing your weight in kilograms by the square of your height in metres, or  $W/H^2$ . An odd concept, but widely used as a way of talking about degrees of obesity and relating it to health risks. BMI is easy to work out with a calculator and most computer programmes in GPs' surgeries produce it automatically. If you're still reading, you must be thinking by now so what? The so-called normal range for BMI is usually taken as 20 to 25. People in this range have the lowest mortality statistic. (In other words, all things being equal (and of course they rarely are) they live longest.

A BMI in the 25 to 30 range is classed as mild or grade I obesity. According to medical research this degree of being overweight has only a slight impact on health and mortality. Many people in this range may feel themselves to be overweight, but their fatty tissue is unlikely to be doing them harm, unless they continue to gain weight and move up a league.

A BMI of 30 to 40 is considered to mean moderate or grade II obesity. This applies to about 4% of people and certainly does affect health and the wallet. Someone with a BMI of around 35 has twice the mortality of someone in the "normal" range, and life insurance premiums go up. A BMI above 40 constitutes a serious and rare illness (grade III obesity).

The answer to the *so what?* question is really that being a bit overweight is not a serious health risk. Much more important risk factors are smoking (sadly on the increase in young women), high blood pressure, too much cholesterol, and lack of exercise. But true obesity, indicated by a body mass index of 30 or more, is dangerous. It shortens lives, but perhaps more importantly, it reduces the quality of life by causing shortness of breath, arthritis of the weight-bearing joints, high blood pressure and heart disease. Diabetes that comes on in adult life is much commoner in the significantly overweight; losing the excess weight helps tremendously to control the diabetes. "Enough!" you cry. "Stop going on about doom and gloom." I agree with you. There is no need for

panic, but perhaps a little thought and action. The best way to avoid the scary problems of being seriously overweight is to stop your weight going too high in the first place.

Too obvious to be worth saying? Well maybe. But a lifestyle that includes regular exercise (even 20 minutes three or four times a week) and a healthy diet can make all the difference. As a general guide, cutting down on fatty foods helps to lose weight and lower cholesterol. Eating more vegetables (unless drenched in fat like chips!) is not fattening and great for your bowels. Avoiding sugar, such as in drinks, helps lose weight and saves teeth. If you think you may have a serious weight problem, talk to your practice nurse or doctor. They will be able to give you detailed advice and may refer you on to a dietician. Slimming clubs can be helpful, but be wary of clinics that want to charge you a lot of money and sell you appetite suppressant drugs. I would always ask your own doctor's advice first.

And what about my personal problems of bulging midriff and shrinking trousers? I asked a patient of mine who is a seamstress whether she could let trousers out. "Impossible" she laughed, "you need to get on your bicycle and lose weight!" And, of course, she was quite right.

**Nigel Corp, General Practitioner**

*I reached for my calculator as I typed this. Phew! I came within the limits - but only just. Editor.*

\*\*\*

## ROAD SAFETY QUIZ

The Road Safety Committee is pleased to say that 31 competitors participated in the Road Safety Quiz held at our stall during this year's Revels. The prize winners were as follows:-

### **Joint First Prize (11 points).**

Richard Childs £15 Gift Voucher.  
Jo Sanders £15 Gift Voucher.

### **Joint Second Prize (10 points).**

David Parks Cycle Helmet.  
(Highest score under 16 years).  
G Ricco £5 Gift Voucher.  
L Holloway £5 Gift Voucher.  
C Milne £5 Gift Voucher.

### **Joint Third Prize (9 points).**

B Knott, F Winfield, C Klinkenborg,  
S Duncan, Ingrid Knott, H Parnell,  
H Parks.  
Each receive a £1 Gift Voucher.

Maximum possible score was 12 points. The support of all contestants is very much appreciated.

**REMEMBER -  
USE THE ROADS SAFELY!**

## A CHURCH IS BORN

After giving thought to what I can give you this time, I have decided on the following extract from the *West Herts and Watford Observer*, Saturday October 1st, 1870:-

"The first stone of a District Church at Croxley Green, in the Parich of Rickmansworth was laid on Tuesday Sept. 27th at 4 pm by the Right Hon. Lord Ebury.

"The District assigned to the Church is considered to embrace a population of 1000, is described as being bounded to the West by a line drawn along the top of Scots Hill, extending towards Chandlers Cross on the North to the River Gad (now Gade), from thence following the same stream along the boundary of the Parich to the lock at Cashio. Then back to the starting point. The site is a triangular piece of ground, being so shaped by three roads, to the south is the turnpike road from Rickmansworth to Watford while other roads lead to Sarratt. A row of cottages at the side of this road will at present hide the Church from view it is however contemplated to remove them. (They were demolished in 1932).

"The Architecture of the edifice is Early English or First Pointed Gothic. The Nave will be 63ft long, 25ft wide and 40ft high. The Chancel is 30ft long and 25ft wide. A small tower surmounted by a spire which will be 83ft high.

"For the ceremony of laying the stone a temporary erection was provided which was decorated with evergreens. Amongst others present was Lady Ebury, Hon Mrs Grosvenor, The Earl and Countess of Essex, The Hon Mrs Wellesley, W Jones Lloyd and Mrs Lloyd, H C Finch Esq., T H Woods Esq., Colonel Brooke, W Chapel Esq., A J Copeland Esq., Mrs Croft, Dr Brett and many other Ladies and Gentlemen.

"The Rickmansworth Choir having taken their places, the Clergy led by the Rev A H Barker took their place and the service commenced with the hymn "Lord of hosts to thee we raise here a house of Prayer and Praise". Prayers followed and the 132nd Psalm was chanted by the choir.

"The Vicar then said "The glorious Majesty of the Lord be upon us. Prosper thou the work of our hands".

"Lord Ebury then advanced to lay the stone and the Architect in name of T H Wood and others presented him with a silver trowel inscribed "Presented to the Right Honourable Lord Ebury to lay the chief stone of the Church at Croxley, Rickmansworth Sept. 27th 1870".

"Lord Ebury then gave an address which was followed by the hymn "This stone to thee in faith we lay". The Rev A H

Barker led prayers and the hymn "All people that on earth do dwell" was sung, during this a collection was made, the assembly being dismissed with a Blessing.

"The collection amounted to £33. Already subscribed is "2,200 and about £500 is required."

Reading the microfilm is not easy but no mistake "Cassio" used to be spelt "Cashio". To give an idea of how values have changed I learned, from a recent conversation with an expert, that to build the Church today would cost in the region of £1,500,000.

As you know, at the time of the Revels, the Church is open every year. But, next year 1997 we shall celebrate our 125th anniversary on June 22nd and 23rd. Plans are being made and we hope to let you know more in the next issue of the *Resident*.

**Norman Spring - 01923 776933**  
**Archivist - All Saints' Church.**

### THREE RIVERS DISTRICT COUNCIL CROXLEY GREEN AREA FORUM

The first Area Forum will be held on  
Wednesday 30 October 1996  
7.30 to 9.30 pm  
at

**The Community Association,  
Barton Way, Croxley Green.**

Residents of Croxley Green, or people who are connected to the area, are invited to attend, to ask questions and discuss local issues with members and officers of Three Rivers District Council. There will also be a presentation concerning a local issue.

Local Area Forums will take place, all over the District, twice a year replacing the Council's Public Question Time which was held less frequently. Meetings will also be held in Watford Rural, Chorleywood & Sarratt, Abbots Langley and the Unparished Area on Monday 28 October and Wednesday 30 October. Details from TRDC.

## COMMUNITY VOICE

As regular readers of *The Resident* will know, The Community Voice was set up to monitor developments at Mount Vernon when it became a Trust hospital in 1991. The committee of the Voice is made up of representatives of many local organisations, social groups, residents' associations, political parties, churches etc.. Since the merger of Mount Vernon and Watford General hospitals in 1994, the hospitals have the same directors and at least one of them attends the monthly meeting of the Voice, as do members of the Health Authorities.

The Minor Injuries Unit at Mount Vernon is open at present twenty four hours a day, seven days a week. Two-thirds of patients come in the day-time, one third in the evening but very few between midnight and 7.00 am. 85% of attendances were appropriate. An ambulance is available to take patients, if necessary, to Accident & Emergency at Watford. There is a 24 hour X-ray service. The Minor Injuries Unit at Watford opened on 3rd June.

There has been some improvement in transport and the situation is under review. Buses link the two hospitals, albeit by roundabout routes.

Waiting lists are inside the targets set by the Department of Health. The Trust had a successful last quarter in relation to cancelled operations.

There will be public meetings on Trust Finance in September, An extra £4m. income has been negotiated with Health Authorities for 1996-7. However, this still leaves enormous cost pressures facing the Trust with a 3% cost improvement programme and so ambitious income projections for the Elective Surgical Centre. The Government is encouraging the Private Funding Initiative (PFI), whereby private firms provide funding for new buildings and other services. The scheme was introduced to curb state-borrowing. The Voice is against the transfer of capital assets to the private sector. Buildings should be owned or leased by the Trust and medical services left with NHS staff. Criticism of the scheme has come from all-party Treasury select committees, the CBI, the Adam Smith Institute, the NHS Executive and the BMA.

The Trust Board has approved capital investment to achieve the reorganisation of Pathology services across the Trust. Much of the routine work for Haematology, Bio-chemistry and Micro-biology will be centred at Watford, with an emergency lab only at Mount Vernon. Histology services will be centred at Mount Vernon.

At the July meeting, there was much discussion of continuing Care in the Community. One conclusion reached for service development was the proposal to open a ward at Mount Vernon to provide long-term In-patient care and long-term respite care for elderly people with chronic illness and disability. One hundred and fifty staff have undergone special training.

The Community Voice Research Project on Accountability in the NHS is making progress. The Research Team has been meeting officials from Health Authorities and have exchanged views and information. A report will be published in due course.

**Barbara LLOYD**  
**C G Residents' Association's  
Representative to the Voice.**



- ▶ AV HIRE
- ▶ CONFERENCES AND EXHIBITIONS
- ▶ ENTERTAINERS AND MOBILE DISCOTHEQUE
- ▶ LIGHTING AND EFFECTS
- ▶ SPECIAL PROJECTS
- ▶ NEW KARAOKE FOR HIRE

**STAGE TWO**  
WATFORD (01923) 230789  
Call us for our colour brochure.



**Glass cut to size**

**D. MACLEAN**

Established in Croxley Green 1967

202A Watford Road  
Croxley Green  
Rickmansworth, Herts.

Fax & Telephone: 01923 226567

*Glass Merchants  
Glazing Contractors  
Aluminium, Windows & Doors  
Double Glazing Specialists  
Picture Framers, Greenhouse Glass*

**W.H. HUMPHREYS & SONS**

For removal and warehousing. Large pan-technicians. Expert packers. New container warehouses. UK Continental and overseas removal services at keen rates

**IMMEDIATE FREE ESTIMATES  
ASK FOR OUR PACKAGE DEALS**

Cartons and all materials available for owner packed moves.

**1 Sydney Road Tel: Watford 226206/7  
Established over 50 years**

**ALLSORTS**

12 Scots Hill, Croxley Green  
Rickmansworth, Herts.  
Tel: Rick. (01923) 772127

**R. McKeague  
PROPERTY MAINTENANCE**

*Full range of services*

132 FRANKLAND ROAD  
CROXLEY GREEN 01923 770583

BATHROOMS \* KITCHENS  
DULUX TRADE NETWORK MEMBER  
FULLY INSURED

Many Satisfied Local Customers

**HAVE YOU MADE  
A WILL?**

Making a Will guarantees your wishes  
Home visits evenings, daytime and weekends

FEE: Husband-Wife £30 each

Single Will £40

Reduction for Daytime Appointments

Phone (01923) 676889

**THE WILL GROUP (WATFORD)  
36 Hillingdon Road, Garston WD2 6JG**

**CURIOS & TOYS  
OLD & NEW  
Bought & Sold**

**TRANSPORT BOOKS  
& VIDEOS  
ALSO STOCKED**

**T. BONE & SON**

Watfords Leading Fruiterers For The Last 100 Years

For all thats best

in fruit, vegetables, salads and flowers

53 Baldwins Lane, Croxley Green

01923 222478

Now also at Chipperfield Garden Scene  
(formerly Simmonds Nursery) 268994

**T. BONE & SON**

Now offer a professional  
Floristry Service  
For all your Weddings, Funeral and  
Gift Requirements

Ring 01923 222478 with your  
credit card details or call in to see us

**A. B. Rumsey B.V.Sc., M.R.C.V.S.**

**Veterinary Surgery**

*1 Barton Way  
Croxley Green  
Herts. WD3 3PA*

*Telephone: (01923) 710382  
Surgery &  
24 Hour Emergency Number*

*Weekdays 9.30 - 11.00am  
4.00 - 6.30pm  
Saturday 9.30 - 1.00pm*

**NOW SELLING  
TRADITIONAL  
GIBSON'S SAUSAGES**

**PREMIER BUTCHERS**  
41 Baldwins Lane, Croxley Green

Scotch Beef, English Lamb  
NZ Lamb, English Pork  
Prime Gammon  
Home Cooked Meats

.....  
Freezer Orders Welcomed  
Free Delivery, Local Area

**PHONE WAT 231821**

**PREMIER - FISH**

Cod Fillets  
Plaice Fillets, Smoked Cod  
Smoked Haddock, Skate Wings  
Salmon Steaks, Trout & Herrings  
Smoked Salmon, Peeled Prawns  
Coley etc., Kippers

**Direct from Billingsgate Fish Market**



**FLORIDA !!!**

For the best Holiday  
Accommodation in the  
**ORLANDO AREA**  
3 Bedroom, 2 Bathroom,  
Air-conditioned, detached  
bungalow with own  
screened pool.

Property of Croxley Resident  
**FOR BROCHURE: 01923 228714**

## CO-OPERATIVE FUNERAL SERVICE

*Service with dignity*

251 Lower High St. Watford Hertfordshire  
Tel: Watford 223995  
152 St. Albans Road Watford Hertfordshire  
Tel: Watford 241499  
146 New Road Croxley Green Hertfordshire  
Tel: Rick 776625  
93 North Approach Kingswood, Watford Hertfordshire  
Tel: Watford 893622  
Or Phone 0800 18 18 18 Your Call Is Free

*Complete Funeral service including Chapel of Rest,  
floral tributes, and memorials.*

*'Caring Covenant' Funeral Pre-payment Plans Available*

*Serving the Community.*



**E.D. WITHEY A.M.R.S.H.**  
CARPENTER & DECORATOR

36 Rugby Way, Croxley Green, Rickmansworth,  
Herts WD3 3PH

Telephone: Rickmansworth (01923) 772553

**B. C. LEWIS**

*Painting & Decorating*

**Maintenance Work**

**NO JOB TOO SMALL**

**TELEPHONE WATFORD**

**(01923) 234372**

### THE COMPLETE PRINT SERVICE

ARTWORK & DESIGN  
BOOKLETS & LEAFLETS  
BUSINESS STATIONERY  
RAFFLE TICKETS

*Prompt & competitive prices*

**CROXLEY PRINT & PUBLICITY**  
(01923) 224168

5 SYCAMORE ROAD, CROXLEY GREEN, WD3 3TB

### SONPRI NEWS &

**CROXLEY GREEN POST OFFICE.**

For you:- Car Tax  
Gas Charge Cards.  
Fishing Licence.  
Newspaper Delivery.  
National Lottery.

**158 Watford Road, Croxley Green.  
01923 772512.**

### M.F.N. & R.E. TAME LTD

**The Rickmansworth Stationers**

- Stationery and printing from the professionals
- Your local Colour Copyshop
- Fax Bureau

108 High Street, Rickmansworth  
Tel: 01923 778396/773768 Fax: 01923 441544

WHERE DO YOU GET GOOD, RELIABLE  
GAS SERVICE?



**Keith Paddick**

231

**C.O.R.G.I. Registered Gas Installer**

*That's Where!!*

NEED TO REPLACE THAT OLD BOILER?  
or  
UPDATE YOUR SYSTEM?

If you require expert advice and a competitive quotation on...

- New Gas Condensing Boilers.
- New & Replacement Heating Systems
- Boiler Replacements & Control Updates
- Gas Appliance Installation & Servicing
- Gas Appliance Spares supplied & Fitted

**PHONE: 01923 720151 or  
MOBILE: 0378 744198**

### WACHTEL FOX & CO

(Incorporating Munds & Co)

Solicitors



**165 New Road, Croxley Green  
Telephone 01923 775651**

### Michael Franké Philatelics

**The Stamp Studio**

G.B. & Commonwealth Specialists  
Postal History \* F.D.C's \* P.H.Q. Cards  
Postcards \* Catalogues \* Thematics  
Albums & Supplements Etc  
& SO MUCH MORE

200 Watford Road, Croxley Green, Herts  
Tel: 01923-237710

**We are Hair...  
for you**

LADIES AND GENTS HAIRDRESSING

229 Baldwins Lane, Croxley Green

**Tel: 01923 711478**

### DENTAL SURGEONS

**N.G. Exley**

BDS (Lond) LDS, RCS (ENG)

**P.E. Jason**

BDS (Lond) LDS, RSC (Eng)

**Monday - Friday 9-6**

**Saturday 9-1**

**All types of NHS & Private Work  
provided**

**119, New Road, Croxley Green  
Tel: Rick 776270**



RICKMANSWORTH

### P.N.E.U. SCHOOL

**OPEN MORNING**

**SATURDAY 2 NOVEMBER 10.00-1.00pm**

NEW FACILITIES • HIGH STANDARDS AND EXCELLENT RESULTS  
SPECIALIST TEACHING STAFF  
CARING ENVIRONMENT • SMALL CLASSES

**88 The Drive, Rickmansworth Please telephone 01923 772101**

An IAPS Preparatory School

Girls 3-11, Boys 3-7

Registered Charity No 311075